

WEEK 6: LOVING JESUS (Part 1)

INTRODUCTION

Who is someone you love very much? What is your favorite aspect about them or your relationship with them?

FORETHOUGHT

Matt 22:37-38

*“Love the Lord your God with all your heart and with all your soul and with all your mind. This is the **first** and **greatest** commandment.”*

DISCOVER

Read Luke 10:38-41

What do you envision (picture in your mind) the attitude of Mary’s heart for Jesus based on **verse 39**; *“Mary, who sat at the Lord’s feet listening to what he said”*? Does this sound like Mary enjoyed being with Jesus? Why?

What do you hear going on in **verse 40**; *“but Martha was distracted by all the preparations that had to be made”*? Does Martha’s activity and mindset sound like it is being described as positive or negative? Why?

What do you think Jesus meant in **verse 41**; *“you are worried and upset about many things, but only one thing is needed. Mary has chosen what is better”*?

King David is described by God and forever remembered in the Bible as “*a man after God’s own heart*”. It is the *heart* of David that we should strive and pray for so that we can experience the immeasurable blessings of a deep and intimate relationship with God, just as David did; and be a blessing back to God, just as David was.

Read the following quote from David in (**Psalm 27:4**)? How would you describe David and His heart based on this verse? What seems to be the most important thing to him?

What do Mary and David have in common? (What is the most important to them?)

Read Revelations 2:1-5

List some of the things that the church of Ephesus was doing well?

(Refer to **Rev 2:2-3**)

What did they not do well with? Where did they go wrong?

(Refer to **Rev 2:4**)

What can we learn from the church of Ephesus?

APPLICATION

The most important element of the most important commandment

What would be more pleasing to you; a spouse that spends the *majority* of their time working for you, OR a spouse that spends the *majority* of their time with you?

What is Jesus' preference for us; to be *obsessed* with serving OR to be *obsessed* with Him? (Think about Mary and Martha; who chose what was *better* and why was it better?)

Therefore what should the *majority* of our attention and focus be on; service OR on Jesus?

Do you think it is possible to *be with Jesus* and *serve* Jesus at the same time? Why or why not?

Was Jesus teaching Martha that she should not serve Him? (Why or why not?)

(TIP: Give thought to the wording used by Jesus "*distracted*" in **verse 40** and "*better*" in **verse 41**)

How can we spend more time being with Jesus?

THOUGHTS FOR REFLECTION, RECONCILIATION AND PRAYER

Where does the majority of my time, energy and thought go; into the creation or the Creator; into the gifts or the Giver of the gifts?

How much time do I spend “being with Jesus”?

What can I do to spend more time being with Jesus?